



5 Steps to Detect and Manage a Heart Attack: Have You Been Taking Care of Your Heart?

By Anjali Arora

Sterling Publishers Pvt.Ltd. Paperback. Book Condition: new. BRAND NEW, 5 Steps to Detect and Manage a Heart Attack: Have You Been Taking Care of Your Heart?, Anjali Arora, A heart attack occurs due to blockage or narrowing of the arteries that supply blood to the heart muscles. It is a silent killer that can strike anyone, anywhere. This book gives a detailed description of the tests to detect a heart attack and its various modes of treatments. It provides information on how to tackle a heart attack and about cardiac rehabilitation. Surgical interventions like bypass and robotic surgery are also explained.



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