



## Rational Living, Rational Working: How to Make Winning Moves When Things Are Falling Apart (Paperback)

By John Vespasian

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you trying to live rationally and facing all kinds of difficulties? How do you deal with people who won't listen to logical arguments? How should you react to situations of massive unfairness? This book provides practical advice on how to live rationally and maximize your chances of happiness in every situation. Amongst others, it will show you how to minimize stress and maintain your peace of mind, benefit from the advantages of non-linear thinking, avoid short-sighted decisions, and increase your resilience during times of adversity. Each chapter contains real-life examples of individuals who have used reason to surmount obstacles, solve personal problems, and recover from setbacks. The ideas presented in this book will help you make better decisions, increase your effectiveness, and enjoy the benefits of rational living. TABLE OF CONTENTS 1. Become conscious of your uniqueness A method for building an unshakable self-confidence Overcome weaknesses in one area by strengths in others Let go of distractions and focus on your unique talents It is time to discard meaningless comparisons Why do millions of people waste...



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